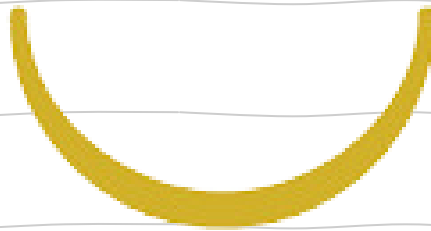


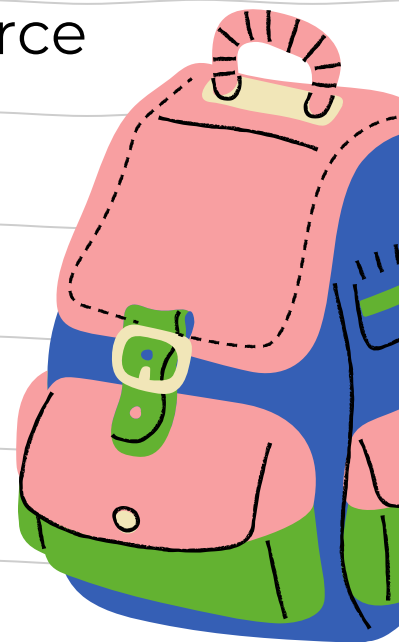
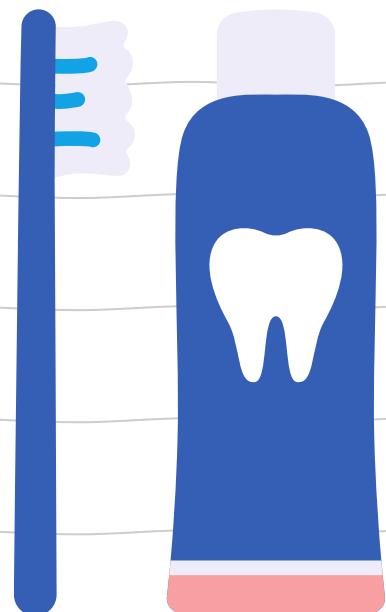
E A R L Y
SMILES
A Center for Oral Health Program



School-Based Dental Resource
Early Smiles Sacramento

2023 to 2024

TOOLKIT



Early Smiles Sacramento (ESS) is a school-based oral health program, developed by the Center for Oral Health (Center) in partnership with the three Dental Managed Care (DMC) Plans-- Access Dental, Inc, Health Net of California, Inc, and LIBERTY Dental Plan of California, Inc.

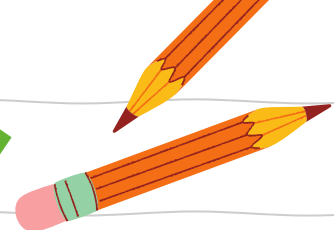
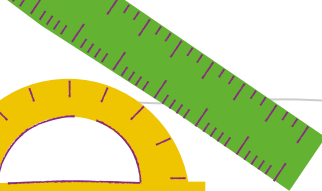
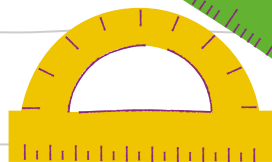
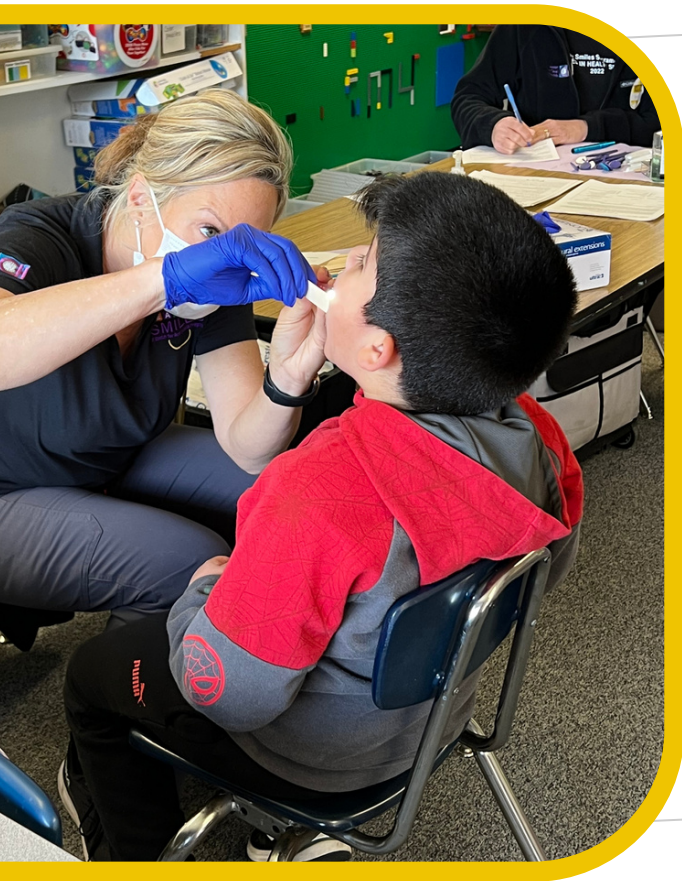


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**EARLY SMILES SACRAMENTO FORMS & OTHER RESOURCES CAN
BE FOUND ON THE CENTER FOR ORAL HEALTH'S WEBSITE**

WWW.CENTERFORORALHEALTH.ORG



CENTER FOR ORAL HEALTH

Center for Oral Health, founded in 1985 as the Dental Health Foundation, is a non-profit organization with the mission “to improve oral health, especially of vulnerable populations, through innovation, research, education, and advocacy.” The Center collaborates with national, state, and local partners to develop innovative community-based strategies for improving oral health outcomes and achieving desired results.

EARLY SMILES SACRAMENTO

In 2016, the Center and the Dental Managed Care plans partnered to create Early Smiles Sacramento.

The annual averages for the Early Smiles program include **oral health education delivered to 45,000 students, 27,000 dental screenings, and over 21,000 fluoride varnish treatments in over 300 schools across 15 Sacramento County School Districts/Systems.**



ABOUT TOOLKIT

The Center for Oral Health's Early Smiles Sacramento Program is excited to provide preventative dental care and oral health education to your students.

This Toolkit contains information on the burden of dental disease, the Early Smiles Sacramento dental screening process, oral health education, and other helpful resources. This toolkit can be used by school administration, teachers, nurses, community partners, healthcare professionals, students, and parents!

If you have any questions, please reach out to the Early Smiles Sacramento Program Director, Rachel Shafer, at [\(916\) 245-1674](tel:9162451674) or Rshafer@tc4oh.org.



THE BURDEN OF DENTAL DISEASE

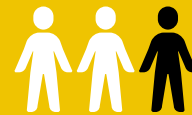
Dental caries (tooth decay) remains the most prevalent chronic disease in both children and adults, even though it is largely preventable. (1)

Tooth decay disproportionately affects low-income children and children of color in the state. Untreated tooth decay can lead to devastating academic, physical, social-emotional, and economic consequences. (2)

More than **50%** of California's Kindergarteners have experienced tooth decay. (2)



2 in 3 children are affected by tooth decay by the time they reach 3rd grade. (3)



Tooth decay is the cause of **874,000** school days missed each year, which costs schools **\$29 to \$32 million** annually in average daily attendance funding. (4)

In 2021, more than **60%** of Medi-Cal eligible recipients went without an annual dental visit in the State of California. (5)





Tooth decay is nearly **100%** preventable!

PROGRAM OVERVIEW

1
one

MEMORANDUM OF UNDERSTANDING

Providing services at public school sites requires a Memorandum of Understanding (MOU) between the school district and the Center for Oral Health. If your school district does not have an MOU with the Center for Oral Health, please reach out to the Early Smiles Sacramento Program Director.

SCHEDULE IN-PERSON ORAL HEALTH EDUCATION AND DENTAL SCREENING DAY

The Early Smiles Sacramento Program Director will schedule your school's in-person oral health education and dental screening day.

2
two

IN-PERSON ORAL HEALTH EDUCATION & CONSENTS

Three weeks before dental screening day, ESS staff will provide in-person oral health education, distribute "Tips for Teachers", distribute ESS Flyer, & distribute ESS Consents.

3
three



PROGRAM OVERVIEW

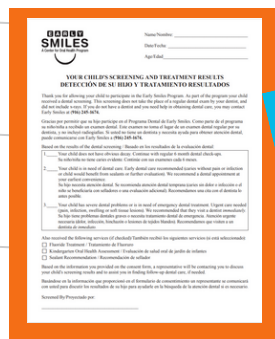
DENTAL SCREENING DAY

Registered Dental Hygienist(s), will conduct an in-depth oral health assessment (Dental Screening) for signs of untreated tooth decay. A dental screening takes **1 to 2 Mins/Student**.

If applicable, the ESS team will complete Kindergarten Oral Health Assessments (KOHA).

- If your school district has an opt-out KOHA policy, ESS will screen all kindergarteners and complete KOHA forms.
- Kindergarteners must have signed ESS Consents to receive additional services; fluoride varnish and navigation to a dental home.

Each student screened will receive an ESS Results Form and an Oral Hygiene Kit.

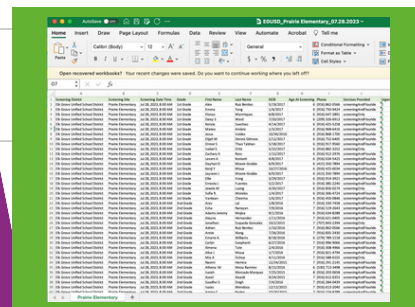
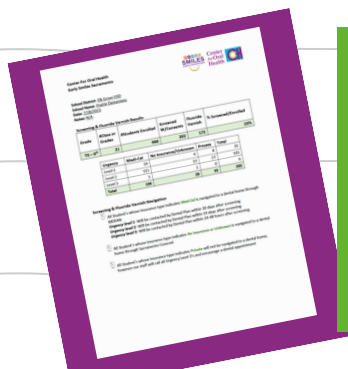


NAVIGATION & CARE COORDINATION

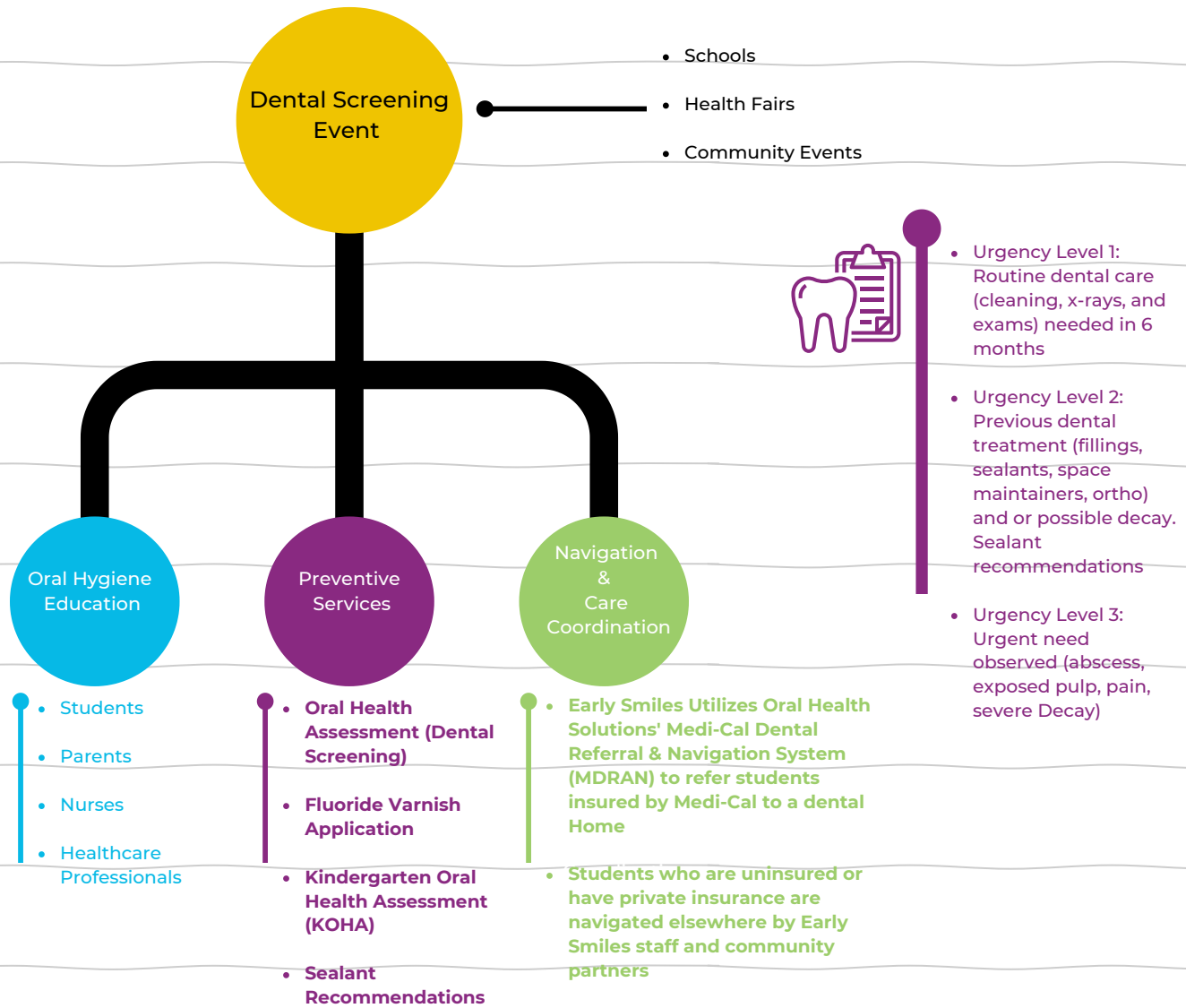
The Early Smiles Sacramento program navigates **ALL** students screened, with a signed ESS consent form, to care based on insurance status.

SCHOOL REPORTS

After dental screening day, the Early Smiles Sacramento Program Director will send your school an in-depth screening report.



PROGRAM INFOGRAPHIC



Navigation & Care Coordination

Medi-Cal Dental Insurance

- ESS uses MDRAN to navigate students with Medi-Cal dental coverage

Private Insurance

- No referral is needed; however, ESS staff contact parents/guardians to ensure all Urgency Level 3's have a dental home

Uninsured

- ESS works with Sacramento Covered and Sacramento District Dental Society to navigate students to a dental home



- Urgency Level 1: Will be contacted within 30 days after dental screening
- Urgency Level 2: Will be contacted within 14 days after dental screening
- Urgency Level 3: Will be contacted within 24 to 48 hours after dental screening

DENTAL URGENCY SCALE

URGENCY LEVEL 1



Urgency Level 1- No Obvious Problems

- Recommend routine dental care in 6 months.
- The student will be contacted within 30 days after dental screening day to establish a dental home and or schedule a routine dental appointment.

URGENCY LEVEL 2



Urgency Level 2- Early Dental Care Needed

- Previous dental treatment, possible decay, or sealant recommendations.
- Recommend dental appointment before next routine dental visit.
- The student will be contacted within 14 days after dental screening day to establish a dental home and or schedule a dental appointment.

URGENCY LEVEL 3



Urgency Level 3- Urgent Care Needed

- Signs or symptoms that include pain, infection, or swelling.
- Recommend immediate dental care.
- The student will be contacted within 48 hours after dental screening day to establish a dental home and or schedule an emergency dental appointment.

ORAL HEALTH EDUCATION

PRESCHOOL, TK, & KINDERGARTEN

In-person oral health education is done on the same day as dental screening.

- 5 to 10 mins long
- ESS Staff will use puppets and or read book
- ESS Staff will provide oral health education in individual classrooms or in a designated location



ELEMENTARY, MIDDLE SCHOOL, & HIGH SCHOOL

Oral health education is provided in-person and done 3 weeks in advance of dental screening.

- 15 to 45 Mins Long
- ESS Staff will provide oral health education in an auditorium or blacktop setting

Oral health education material can be found on the Center for Oral Health's website
www.CenterforOralHealth.org.

ORAL HEALTH EDUCATION PRESENTATION



IN-PERSON PRESENTATION

Elementary in-person presentation- 15 Mins long

High School & Parent in-person presentation- 45 Mins Long



EDUCATION MATERIAL

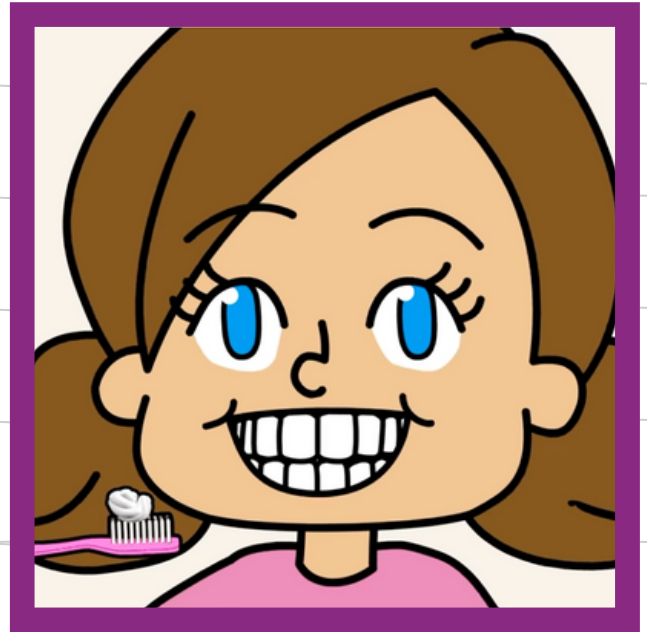
Please ask the Early Smiles Program Director for printed copies of oral health education material

ORAL HEALTH EDUCATION VIDEOS

Center for Oral Health has gathered a set of oral health education videos to help children and their parents learn more about oral health care. These videos can be accessed online.



PRESCHOOL - KINDERGARTEN
VIDEO ONE



PRESCHOOL - KINDERGARTEN
VIDEO TWO

ORAL HEALTH EDUCATION VIDEOS



ELEMENTARY



MIDDLE SCHOOL



HIGH SCHOOL

COMMUNICATION

Many schools like to make announcements to parents and teachers through social media and or online systems (Email, Blackboard, Robocalls, Etc.)

Below, are a few examples you may want to use with your parents, teachers, and students to prepare for your school's dental screening day.

TEACHER

Early Smiles Sacramento will be providing a "FREE" Dental Screening and Fluoride Varnish Treatment for all students on **DATE**. Consent forms will be dropped off on **DATE** and will be placed in your mailbox. Consent forms are due and must be present (in students' hands when called out of class) on **DATE**. Please keep all returned consent forms with you until dental screening day.

Classroom incentives are encouraged to increase the consent return rate! The teacher with the most student participants will receive a gift card!! If you have any questions, please feel free to contact me via email or phone.

Attached is "Tips for Teachers" provided by Early Smiles Sacramento. Please review!!!

PARENTS

Early Smiles Sacramento will be providing a "FREE" Dental Screening and Fluoride Varnish Treatment for all students on **DATE**. If you would like your student to participate, please sign their consent form and return it asap!! Students must have a signed consent form to participate in the "FREE" dental screening event.

Students who participate will receive a free hygiene kit with a toothbrush, floss, toothpaste, and a 2-minute timer!

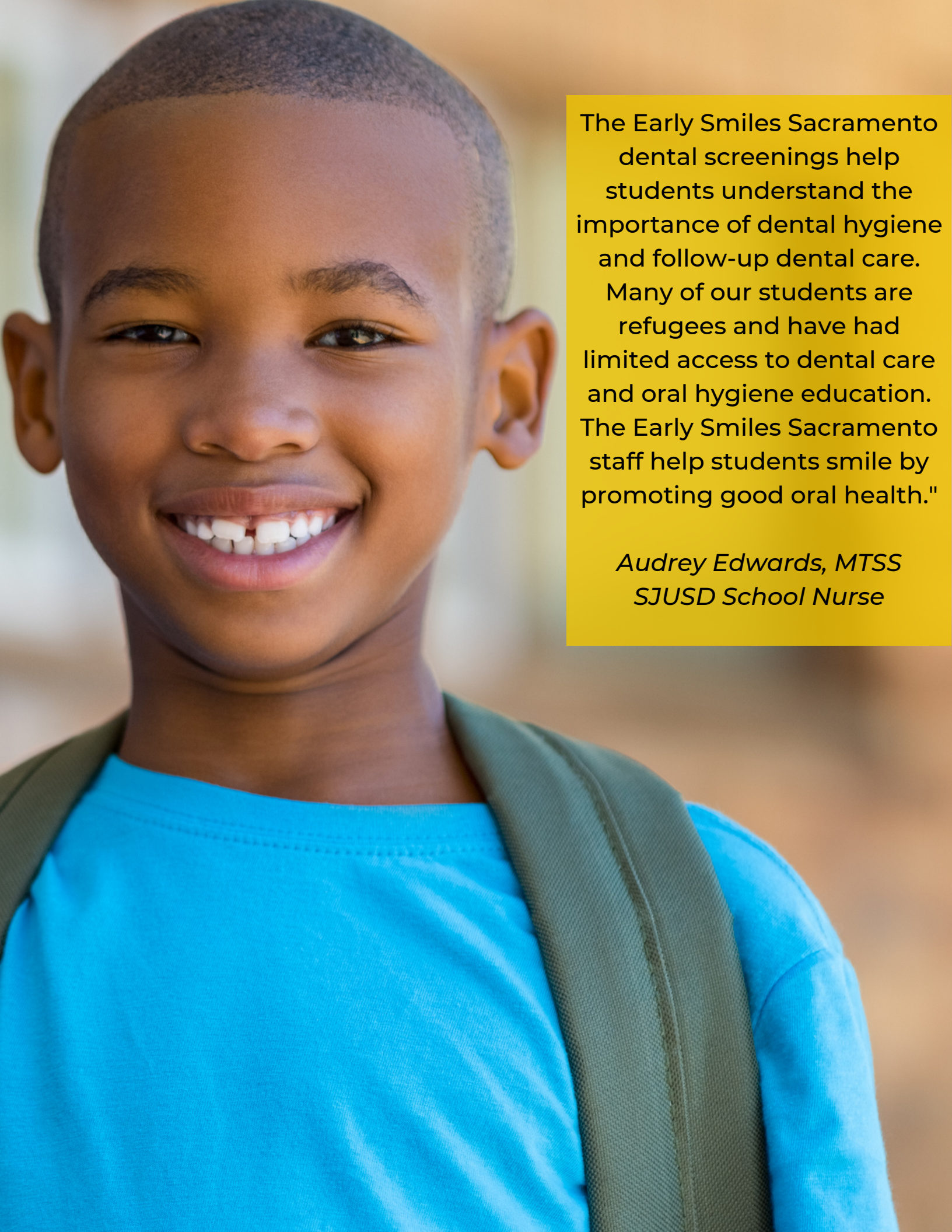
PARENTS-KINDERGARTEN OPT-OUT

In 2017, Senate Bill 379 (SB 379) passed that allows schools to use passive consent for Kindergarten Oral Health Assessments (KOHA). Passive consent requires parents to notify, in writing, if they do NOT want their child to receive an assessment. Early Smiles Sacramento will be providing dental screenings and completing the KOHA form for kindergarteners at **SCHOOL NAME** on **DATE**.

If you want your child to participate in the "FREE" Dental Screenings for his/her grade, **NO** further action is required.

If you want your child to receive a "FREE" Dental Screening, Fluoride Varnish Treatment (teeth vitamins), and navigation to a dental home, please fill out the Early Smiles Sacramento consent form that was sent home with your student.

If you do not want your student to participate in the "FREE" Dental Screening, please let your school nurse know, in writing, before the screening date, **DATE**.



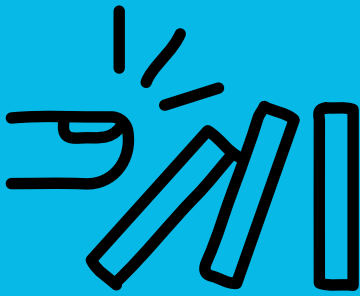
The Early Smiles Sacramento dental screenings help students understand the importance of dental hygiene and follow-up dental care. Many of our students are refugees and have had limited access to dental care and oral hygiene education. The Early Smiles Sacramento staff help students smile by promoting good oral health."

*Audrey Edwards, MTSS
SJUSD School Nurse*

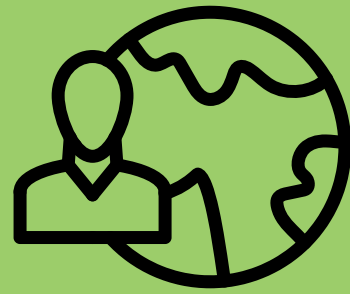
EARLY SMILES SACRAMENTO IMPACT



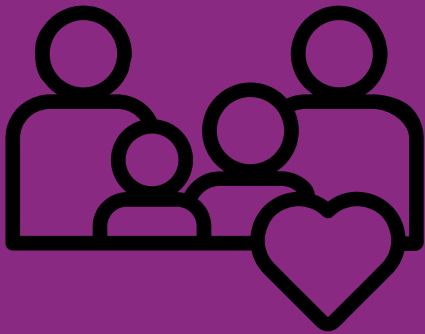
Since its inception in 2016, Early Smiles Sacramento has screened **104,000+** students in Sacramento County.



Early Smiles Sacramento prevents the overuse of emergency rooms for preventable oral health concerns, like abscesses, oral health infections, and overgrowth of harmful bacteria, by providing school-age children oral health education, oral health assessments, and connection to dental care. The ESS Program saves an estimated \$13 million in health care costs annually. (6)



\$1 donated equals \$107 worth of oral health services delivered to public school students. With the efficient use of resources and strong public-school partnerships, the Early Smiles Sacramento program can deliver more than 100 times worth of oral health education, oral health assessments, fluoride varnish applications, and dental referrals.

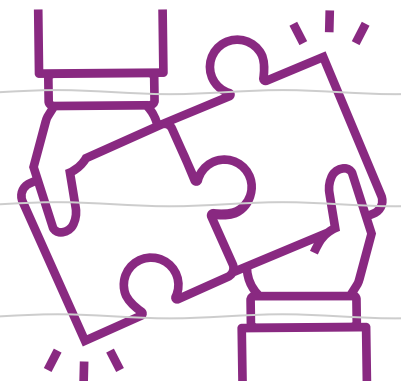


Early Smiles Sacramento interventions save Sacramento families up to 33% or \$3.2 million annually by preventing the need for costly in-office procedures. (7)



Missed school days affect the academic performance of students and lead to significant costs for public schools in lost average daily attendance dollars. Frequent absences are common for children impacted by pain from untreated cavities. Early Smiles Sacramento interventions keep kids in schools, saving Sacramento County public schools an estimated \$25 Million annually. (8)

The partnership, collaboration, and support of the Center for Oral Health, the Department of Health Care Services, LIBERTY Dental Plan, Health Net of California, Access Dental, Oral Health Solutions, and the public school health services staff across Sacramento County make the work of Early Smiles possible. **Early Smiles saves money and smiles with an estimated \$47 million in annual savings to Sacramento County families, public schools, and the government.**



6. National Oral Health Survey, USCA, and the CA Oral Health Technical Assistance Center
 7. California Department of Healthcare Services and CDC Division of Health
 8. National Oral Health Survey, Early Smiles annual screening stats

SCHEDULE YOUR SCHOOL'S DENTAL SCREENING DAY NOW!!

*Early Smiles Sacramento
can't wait to see your
student's smiles!*

If you have any questions, please reach out to the Early Smiles Sacramento Program Director, Rachel Shafer.

(916) 245-1674 or **Rshafer@tc4oh.org**.

WWW.CENTERFORORALHEALTH.ORG

